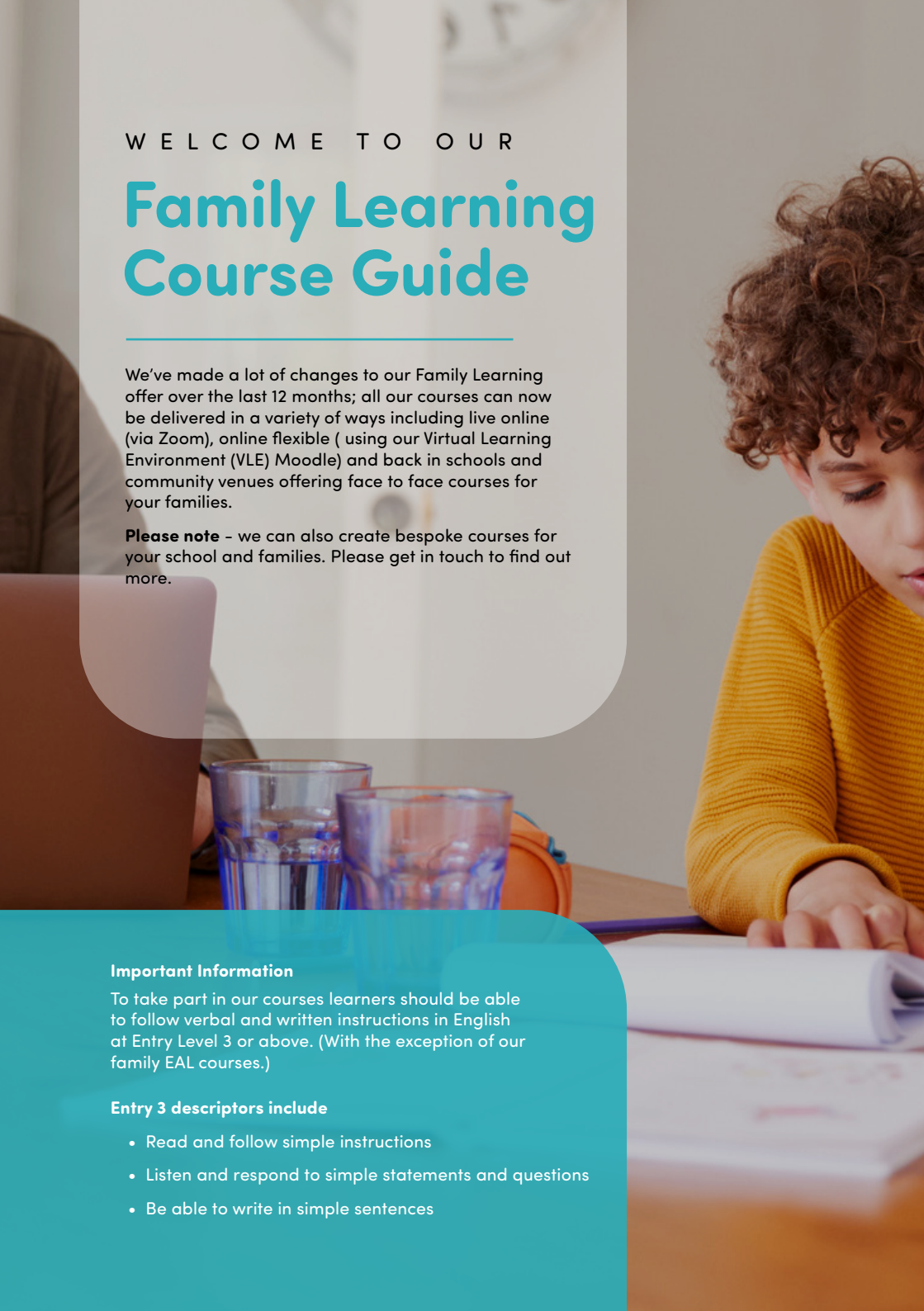




Lancashire
Adult Learning

Family Learning

COURSE GUIDE



W E L C O M E T O O U R

Family Learning Course Guide

We've made a lot of changes to our Family Learning offer over the last 12 months; all our courses can now be delivered in a variety of ways including live online (via Zoom), online flexible (using our Virtual Learning Environment (VLE) Moodle) and back in schools and community venues offering face to face courses for your families.


Please note - we can also create bespoke courses for your school and families. Please get in touch to find out more.

Important Information

To take part in our courses learners should be able to follow verbal and written instructions in English at Entry Level 3 or above. (With the exception of our family EAL courses.)

Entry 3 descriptors include

- Read and follow simple instructions
- Listen and respond to simple statements and questions
- Be able to write in simple sentences



**All our
non accredited
courses are free
of charge.**

A fee may apply for
some learners on
accredited courses.

Course Types

Face to Face Delivery: Courses take place at a school or local community venue. We ask you to recruit between 8-12 families to take part the family learning course and provide a suitable room for teaching and learning to take place. We'll provide the specialist teacher and all the resources.

Live Online Classroom: The course is booked for a specific day and time, Parents/carers will learn together in a virtual classroom via Zoom. The sessions will be delivered live by a specialist teacher and learners will be supported to work through the course content.

Online Flexible Learning: The course is available for families to access at any time and 'learn at leisure' The course is accessed via Moodle (VLE – our Virtual Learning 'Environment') where families will work independently, at their own pace to complete and learners will receive support to complete the course where necessary.

For all courses Lancashire Adult Learning can provide you with marketing materials to support the recruitment of families.



Our Courses









Learn Together

COURSE	DURATION	SUITABLE FOR
Family Yoga Families will enjoy time together, building trust and bonding as a family through our new Family Yoga course.	2.5 hours X 3 weeks	1 2
Crack the Code This short course will introduce Parents/Carers to the subject of computer coding and how it's being taught in the classroom. Topics can include Scratch Jr, Daisy Dinosaur, Lego Robotics and the BBC micro:bit.	2 hours	1 2
Family Stem Club Our Family STEM Club gives families the opportunity to develop crucial STEM (Science, technology, engineering and Maths) skills!	2 hours or 2 hours X 3 weeks	1 2
Family LEGO Club Our Family LEGO Club is an ideal way to get families working together enjoying hands on STEM activities. The course is designed to guide and encourage families to look at planning and creating models with Lego whilst having lots of fun and learning together.	2 hours or 2 hours X 3 weeks	1 2
LEGO Robotics During this course, parents will have the opportunity to work with their child to create a physical robot that is controlled digitally. All workshops are fun with a focus on creativity and problem solving.	2 hours or 2 hours X 3 weeks	1 2
Once 'App' On a Time This 3 week course focuses on how different apps can stimulate and encourage children to imagine, script, design, record and bring to life stories.	2 hours X 3 weeks	1 2

Learn Together

COURSE	DURATION	SUITABLE FOR
Ozobots This course will introduce families to coding and programming with 'Bit' the Ozobot, a tiny robot with BIG technology! Working together to learn its simple colour language and create games and adventures for 'Bit' to explore.	2 hours	1 2
Family Cook-a-Long Our family Cook-a-long supports families to learn how to cook on a budget, make healthy food choices and create tasty meals with limited equipment and ingredients, as well as having fun as a family and spending quality time together.	2 hours or 2 hours X 3 weeks	1 2
Sow and Grow for Families Our seasonal Sow and Grow for Families sessions (Available at Spring, Summer and Autumn) are a fantastic way to introduce families to growing their own. Families will work together to sow seasonal flowers, herbs and vegetables as well as making natural crafts using materials collected before the course.	2 hour session available in Spring, Summer and Autumn	1 2
Nature Detectives This course is for Parents/Carers and children to enjoy time outdoors together. Families will be able to explore a range of outdoor based activities aimed at improving awareness of how outdoor play can support learning.	2 hours or 2 hours X 3 weeks	1 2
Amazing Animals Our Amazing Animals course gives Parents/Carers and children the opportunity together to learn about animals and nature via activities, crafts, experiments and more.	2 hours or 2 hours X 3 weeks	1 2
Arty Adventures A family art course focusing on creative art projects that will give families the chance to spend quality time together. The course includes aspects of family wellbeing.	2 hours X 3 weeks	1 2
Themed sessions Choose from a range of themed sessions for Parents/Carers and their children to enjoy creating and learning together. including: World Book Day, Science Week, Winter Crafts and more!	2 hr session available at various points throughout the year.	1 2

Parent/Carer Courses

COURSE	DURATION	SUITABLE FOR
How children Learn...Maths <p>Our catch up courses focus on key areas and skills to help parents/carers to support their child to 'catch up' and build on/consolidate their knowledge. It covers the teaching methods used in school plus lots of ideas and resources available to further help parents/carers support their child.</p>	2 hours X 2 weeks	 
How children Learn...English <p>Our catch up courses focus on key areas and skills to help parents/carers to support their child to 'catch up' and build on/consolidate their knowledge. It covers the teaching methods used in school plus lots of ideas and resources available to further help parents/carers support their child.</p>	2 hours X 2 weeks	 
Fun with Phonics <p>During this session, parents/carers will learn how children are taught to read at school enabling parents/carers to feel better prepared to support their child on their reading journey.</p>	2.5 hours	
How Children Learn...Early Reading Skills <p>During the course parents/carers will develop their knowledge on how children are taught to read. Parents/carers will explore a range of activities and ideas to do with their child to support reading at home.</p>	2.5 hours X 3 weeks	
Create a Story Sack <p>Parents/carers will design and create a story sack to use with their child to support early literacy skills.</p>	2.5 hours X 5 weeks	 





Parent/Carer Only Courses

COURSE	DURATION	SUITABLE FOR
How Children Learn...Early Maths Skills During the course, parent/carers will develop their knowledge on how children are taught maths in school. Parents/carers will explore activities and ideas they can do with their child to support Maths at home.	2.5 hours X 3 weeks	
Fun with Maths During this session, parents/carers will learn how children are taught early maths at school. Parents/carers will be better prepared to support their child with Maths at home.	2.5 hours	
Moving on: Year 7 Maths Short course for parents/carers to develop their knowledge of the Maths curriculum, methods and techniques used in Year 7.	2.5 hours	Families with children in year 6
Family EAL - Let's Read Together During this course, parents/carers will explore and develop English skills related to family and school life. They will look at how children are taught to read using phonics and how play helps children learn.	2.5 hours X 12 weeks	 
Family Maths This 12 week course is ideal for parents who want to refresh and improve their own skills and prepare to progress onto a nationally recognised accredited qualification in Maths.	2 hours X 12 weeks	 
Family English This 12 week course is ideal for parents who want to refresh and improve their own skills and prepare to progress onto a nationally recognised accredited qualification in English. Parents will also find out about current teaching methods used in schools and how to support their child's learning.	2 hours X 12 weeks	 

Parent/Carer Only Courses

COURSE	DURATION	SUITABLE FOR
Help your Child with SATs: English These short courses aim to inform parents about the key assessments that their child will undertake. The format of the tests and the skills children need to do well in the tests will be explained to allow parents to better support their child at home	2 hours	1 2
Help your Child with SATs: Maths These short courses aim to inform parents about the key assessments that their child will undertake. The format of the tests and the skills children need to do well in the tests will be explained to allow parents to better support their child at home.	2 hours	1 2
Little Learners: An introduction to the Early Years Curriculum	2 hours	E
Look Who's talking This 5 week course aims to show learners how reception children are taught literacy skills, so that they are better equipped to support their child with speaking, listening, interacting and understanding skills at home.	2 hours x 5 weeks	E 1
Playing and Learning at Home This three or six week course is designed for parents who have children in the Early Years Foundation Stage. Parents will have the opportunity to explore the EYFS curriculum and find out about Reception Year settings.	2 hours x 12 weeks	E

Parent/Carer Only Courses

COURSE	DURATION	SUITABLE FOR
You've Got this Health and Wellbeing for 4-7 / 8-11 Year Olds This course covers practical strategies, tips, activities and ideas to help parents/carers to understand and support their child's wellbeing.	2.5 hours X 3 weeks	 
Keep your Child Safe Online This course gives parents/carers an overview on how to keep their children safe online including parental controls, privacy settings and apps.	2.5 hours	 
Ready, Steady, School During this course, parents/carers will explore how to best prepare their child for school. This includes developing an awareness of the Early Years Foundation Stage and the Reception Year.	2.5 hours	Families with children starting in reception

Accredited Courses

Do you have staff or volunteers wanting to upskill and gain a relevant qualification or parents/carers looking for a change in career?

Our accredited courses are available to anyone aged 19+ across Lancashire. Course fees apply but fee remission is available for those that meet the eligibility criteria.

COURSE	DURATION	SUITABLE FOR
Get into Working with Children This Open Award course has been designed to give learners an insight into working in a child-related environment. You will learn about the different career opportunities available and the principles of working with children across a range of settings.	10 hr course (delivered over 2 school days)	Those with an interest in working with children or child development.
CACHE Level 1 Award in Preparing to Work in Schools This course is designed to prepare learners for further training, while developing an understanding of the teaching and learning environment in a school setting, how to support the wellbeing of a child or young person and child, and young person development.	3 hours X 12 weeks	Those with an interest in working with children or child development.
CACHE Level 2 Award in Support Work in Schools and Colleges This qualification prepares learners to work in a school setting and develops their knowledge in care for children and young people in a way that aids their learning and development.	3 hours X 24 weeks	Those with an interest in working with children or child development
Childcare: CACHE Caring for Children Level 1 Award This qualification is designed to develop learners understanding of the skills required to care for children and it covers topics including children's growth, learning and development.	3 hours X 12 weeks	Those with an interest in working with children or child development
Childcare: CACHE Introducing Caring for Children and Young People Level 2 Certificate This course is for those looking to gain the necessary skills in Early Years. Units range from safeguarding to child development and prepares learners to work in the childcare sector.	3 hours X 24 weeks	Those with an interest in working with children or child development

Part of the



To find out more or to book courses please contact:

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