



# Picture News

at Home




10<sup>th</sup> September 2018

What's going on this week?



Dr Amy Kavanagh is a visually impaired activist and campaigner who has recently launched the #JustAskDontGrab campaign to help change the way people interact with those with disabilities. She says that while people with disabilities often receive well-meaning offers of assistance, they're not always in the most helpful way. She started the Just Ask Don't Grab campaign to explain how best to assist disabled people. She says there's one golden rule: just ask. If you see somebody and you think they might need help, don't jump in and grab them.

*Things to talk about at home...*

-  Can you think of a time when you may have helped someone without asking? Sometimes it's the right thing to do! Looking back, do you think it was the right thing to do at the time?
-  Has anyone ever helped you when you didn't want them to? E.g. telling you an answer when you were trying to solve a problem on your own. How did it make you feel?
-  Talk about the times that you may need to help someone without asking? E.g. in an emergency or if someone is in danger. How is this different from our everyday actions?

*Please note any interesting thoughts or comments here...*

